



EQ & the Art of Masterful Communication: Power Strategies & Tools For Influencing & Decision Making

In this cutting-edge program, we combine the most powerful tools of Emotional Intelligence (EQ) and influencing skills to bring you a set of superior communication strategies, tools and techniques for you to become a Master of Influence. The program is suitable for Executives & Managers.

Program Synopsis

Have you ever wondered why some people seem to get whatever they want from others so easily, while the rest of us have difficulty just getting by? The secret behind their success is that they have realized that their communication skills is the driving force behind their power of getting what they want. Those who can masterfully influence the thoughts, feelings and actions of others are those who know how to get what they want.

As human beings, we produce only two forms of communication from which we experience life. They are firstly our internal communications towards ourselves: those things we picture, say and feel within ourselves, and secondly our external communications towards others: our words, tonalities, facial expressions, body postures and physical actions to communicate to the world.

Every time we communicate, we are in action and all our communications have an effect on ourselves and on others. Successful people's lives have shown us over and over again that the quality of our lives is determined not by what happens to us, but rather by what we do about what happens. You are the one who decides how to feel and act based upon the ways you choose to perceive your life and this directly translates to how you deal with people.

This program will teach you how to communicate with yourself and others more effectively, get into action and become a master of influence to get what you want.

Program Objectives

- What your communication model is, how it works and what you can do to improve it.
- How and why you think, feel and behave the way you do; what are your core values, attitudes and behaviours and how you can change them to positively impact yourself and others.
- Techniques on how to immediately break out of un-resourceful states that bring you down.
- Specific tools you can use to increase self-control over your impulses by learning how to take control of your emotions instead of letting them control you.
- Strategies on how to eliminate your negative attitudes and behaviours that are sabotaging your people skills and influencing ability.
- Proven ways to immediately enhance your communication and influencing skills to create trusting and engaging relationships with others.
- Step-by-step techniques to influence and lead others to your way of thinking.
- Learn how to use Transactional Analysis in communication and conflict and how these strategies help you to understand and diffuse difficult situations.
- Learn how to use empathy in difficult situations as well as in daily life situations.
- Learn how to develop duality thinking and objectivity in different situations.
- Tools and strategies for developing your confidence and charisma so you will never be at a loss for words.
- Practice making choices that are aligned with your purpose.

About The Presenter: Dr Granville D'Souza



Granville is the Managing Director of 6 Seconds SEA Pte Ltd which he set up in 2003. Prior to that, he started Peak Performers Consulting Group in 1999 which presently specialises in Neuro Linguistic Programming (NLP) and various processes in therapy.

He is responsible for bringing 6 Seconds to Asia with a strong commitment to enabling others to cause positive change in themselves and others. Armed with knowledge and strategies to stir ideas into action through EI in 2000, he embarked on his mission to bring it down to Singapore and operate from here. He is presently planning for expansion around ASEAN.

Granville has been helping organisations to approach their strengths and weaknesses through coaching and facilitative workshops that delve into team and individual behaviour. He uses various mechanisms like DISC, Harrison Innerview, Enneagram, MBTI and Baron's EQ-i to help participants understand innate behaviours and their personality traits. In addition, he actively uses EFT (Emotional Freedom Technique) to surface issues and help people cope with past incidents and challenges. His present programs are geared towards personal change and peak performance and include areas of Team Development, Communication & Behavioural Awareness, Emotional Intelligence, Coaching & Supervisory Leadership.

His programs have benefited a range of clients from MNCs, government agencies, local & regional corporations. These include Tan Tock Seng Hospital, Chartered Semiconductors, ASM Technologies, Minolta, Lucent Technologies, Hewlett Packard, Compaq, Nokia, Parkway Medical, Ngee Ann Polytechnic, AIA, Carl Zeiss, DHL International, Seagate, DBS Bank Singapore, MI, Motorola, UOB, HSBC, Shell, SIA, among others.

Certifications with which Granville is accredited include:

- Certified 6 Seconds Level 1, 2 and Advanced EQ Facilitator.
- Certified in the 6 Seconds SEI Profiling Instrument.
- Certified to administer DISC, Hermann Brain Dominance Instrument and Reuven Baron's EQi Profiling Instrument.
- Certified to administer and coach using Harrison Innerview.
- Certified to administer and coach using Enneagram.
- Accredited in MBTI.
- NLP Trainer with American Board of NLP.
- EFT (Emotional Freedom Technique) Practitioner.

Granville has a Bachelor of Arts, an MBA, and a Doctorate in Business Administration from the University of South Australia.

Special Bonuses

FREE: Detailed Personality Profile and Debrief provided.

FREE: Newly released book by Dr Granville D'Souza titled "EQ From The Inside Out: Breakthrough Tools And Ideas For Living A Fulfilling Life".

Enquiries & Registration

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Registration Form: EQ and the Art of Masterful Communication

Name	Position	
Name	Position	
Company		
Address		
Phone	Fax	Email
Cheque For (\$) enclosed.	Date	

Make cheques payable to: "6 Seconds SEA Pte Ltd".
33A West Coast Park, #03-39 Botannia. Singapore 127727.

To Register: Print and fax this form to (+65) 6474 1647.